



Friday, July 25

Morning	Airport pickups for players traveling alone	Meet at Baggage Claim
11:00 am	Registration & Check-in begins * Lunch available for players & staff	Pirate City Front Desk & Clubhouse
Afternoon	Late Check-in continues until all players arrive	Pirate City Front Desk & Clubhouse

All Players, All Teams, All Staff

2:25 pm	Report in baseball pants, BF issued jersey & hat	Field 3
2:30 pm	Camp Welcome & Staff Introduction	Field 3
2:45 pm	Stretch	Field 3
3:15 pm	~15 Minute Rotations	

* Two short horn blasts = wrap up & review, time almost up

* One long horn blast = rotate immediately, move quickly to next location

Activity	Location	Team Starting Points
Loosen Arms/ Radar Velocity	Field 3 RF Line	Reds
Athletic Development	Field 3 CF	Pirates
60 Yard Dash/ Roster Review	Field 3 LF Line	Braves
Base Running (4 Rules)	Field 3 IF	Brewers
Base Running (Home to 1st)	Field 3 IF	Giants
Hitting Drills Introduction	Cages	Royals
Hitting (Front Toss Reps)	Cages	A's
Hitting Video Capture	Cages	Blue Jays
Bunt & 1st / 3rd Defense	Field 1	Orioles
Pop Up Priority	Field 2	Yankees

6:00pm Dinner (6:00 - 7:00pm) Cafeteria

AMERICAN LEAGUE (AL)		NATIONAL LEAGUE (NL)	
7:30 pm	Evening Review & Reps (Cages)	7:30 pm	Welcome Meeting (Cafeteria) * Parents encouraged to attend
8:30 pm	Welcome Meeting (Cafeteria) * Parents encouraged to attend	8:30 pm	Evening Review & Reps (Cages)
10:30 pm	Curfew (In Your Own Room)	10:30 pm	Curfew (In Your Own Room)



Saturday, July 26

Athletics, Blue Jays, Orioles, Yankees

6:45 am	Breakfast (6:45-7:45)	Cafeteria
8:00 am	<i>Stretch on Game Fields</i>	
8:30 am	Game: Athletics vs Blue Jays (H)	Field 1
	Game: Orioles vs Yankees (H)	Field 3
10:15 am	Game: Yankees vs Athletics (H)	Field 1
	Game: Blue Jays vs Orioles (H)	Field 3
12:15 pm	Lunch (12:15-1:00)	Cafeteria
2:00 pm	Stretch (Shorts Ok)	Field 5/6
2:15 pm	Individual Defense	Field 5/6
3:00 pm	30 Minute Rotations	
	- Hitting	Cages 4-6
	- Team Defense	Field 5/6
	- Base running	Field 5/6
	- Athletic Development	TBD
6:15 pm	Dinner	Cafeteria

Reds, Pirates, Braves, Brewers, Giants, Royals

6:45 am	Breakfast (6:45-7:45)	Cafeteria
8:00 am	Stretch (Shorts Ok)	Field 5/6
8:30 am	Individual Defense	Field 5/6
9:30 am	30 Minute Rotations	
	- Hitting	Cages 4-6
	- Team Defense	Field 5/6
	- Base running	Field 5/6
	- Athletic Development	TBD
11:45 am	Lunch (11:45-12:15)	Cafeteria
1:00 pm	Game: Reds vs Pirates (H)	Field 1
	Game: Braves vs Brewers (H)	Field 2
	Game: Giants vs Royals (H)	Field 3
2:45 pm	Game: Royals vs Reds (H)	Field 1
	Game: Pirates vs Braves (H)	Field 2
	Game: Brewers vs Giants (H)	Field 3
6:00 pm	Dinner	Cafeteria

AMERICAN LEAGUE (AL)		NATIONAL LEAGUE (NL)	
7:30 pm	<i>Life Skills Presentation (Cafeteria) *Parents encouraged to attend</i>	8:30 pm	<i>Life Skills Presentation (Cafeteria) *Parents encouraged to attend</i>
10:30 pm	<i>Curfew (players in their own rooms)</i>	10:30 pm	<i>Curfew (players in their own rooms)</i>



Sunday, July 27

Reds, Braves, Brewers, Royals

6:45 am	Breakfast (6:45-7:45)	Cafeteria
8:00 am	<i>Stretch on Game Fields</i>	
8:30 am	Game: Reds vs Brewers (H)	Field 1
	Game: Braves vs Royals (H)	Field 3
10:15 am	Game: Reds vs Braves (FLIP)	Field 1
	Game: Brewers vs Royals (FLIP)	Field 3
12:15 pm	Lunch (12:15-1:00)	Cafeteria
2:00 pm	Stretch (Shorts Ok)	Field 5/6
2:15 pm	Individual Defense	Field 5/6
3:00 pm	30 Minute Rotations	
	- Hitting	Cages 4-6
	- Team Defense	Field 5/6
	- Base running	Field 5/6
	- Athletic Development	TBD
6:15 pm	Dinner	Cafeteria

Pirates, Giants, Athletics, Blue Jays, Orioles, Yankees

6:45 am	Breakfast (6:45-7:45)	Cafeteria
8:00 am	Stretch (Shorts Ok)	Field 5/6
8:30 am	Individual Defense	Field 5/6
9:30 am	30 Minute Rotations	
	- Hitting	Cages 4-6
	- Team Defense	Field 5/6
	- Base running	Field 5/6
	- Athletic Development	TBD
11:45 am	Lunch (11:45-12:15)	Cafeteria
1:00 pm	Game: Pirates vs Athletics (H)	Field 1
	Game: Giants vs Blue Jays (H)	Field 2
	Game: Orioles vs Yankees (H)	Field 3
2:45 pm	Game: Yankees vs Pirates (H)	Field 1
	Game: Blue Jays vs Giants (H)	Field 2
	Game: A's vs Orioles (H)	Field 3
6:00 pm	Dinner	Cafeteria

AMERICAN LEAGUE (AL)		NATIONAL LEAGUE (NL)	
8:00 pm	<i>Cage Workout</i>	7:00 pm	<i>Cage Workout</i>
10:30 pm	<i>Curfew (players in their own rooms)</i>	10:30 pm	<i>Curfew (players in their own rooms)</i>

BASEBALL FACTORY™

Monday, July 28

AMERICAN LEAGUE (Athletics, Blue Jays, Yankees, Royals, Orioles)

7:30 am	Breakfast (7:30 - 8:45 am)	Cafeteria	
9:00 am	Stretch	Field 3	
9:30 am	Individual Defense	INF/ OF (Field 3), Catchers (Field 1), Pitchers (Field 1)	
10:30am	Rotations By Team (20 Min)	Location	Starting Points
	Sim Game Hit	Field 2	A's
	Sim Game Field	Field 2	Blue Jays
	Team Relay Race	Field 3	Yankees
	Pop Up Competition	Field 3	Royals
	60 Yard Re-Test	Field 3	Orioles
12:30 pm	Lunch (12:30- 1:15 pm)		
1:45 pm	Quick Stretch	Field 5/6	
2:00 pm	Offensive Rotations	Location	Starting Points
	Cages	Cages	A's
	BP / Base Running	Field 6	Blue Jays
	Shag / Live Reads	Field 6	Yankees
	Athletic Development	Cages	Royals
	Break		Orioles (Stretch @ 2:15)
6:00 pm	Dinner (6:00-7:00)		

NATIONAL LEAGUE (Reds, Pirates, Braves, Brewers, Giants)

7:30 am	Breakfast (7:30 - 8:45 am)	Cafeteria	
9:00 am	Stretch	Field 3 (Drop Equipment on Field 5/6)	
9:30 pm	Offensive Rotations	Location	Starting Points
	Cages	Cages	Reds
	BP / Base Running	Field 6	Pirates
	Shag / Live Reads	Field 6	Braves
	Athletic Development	Cages	Brewers
	Break		Giants (Stretch @ 9:15)
12:00 pm	Lunch (12:00 - 1:00 pm)		
1:45 pm	Quick Stretch	Field 3	
2:00 pm	Individual Defense	NF/ OF (Field 3), Catchers (Field 1), Pitchers (Field 1)	
3:00 pm	Rotations By Team (20 Min)	Location	Starting Points
	Sim Game Hit	Field 2	Reds
	Sim Game Field	Field 2	Pirates
	Team Relay Race	Field 3	Braves
	Pop Up Competition	Field 3	Brewers
	60 Yard Re-Test	Field 3	Giants
6:00 pm	Dinner (5:30 - 6:30 pm)		
8:00 pm	Announcement of Tuesday Schedule/ Exit Strategy	(Cafeteria)	

BASEBALL FACTORY™

Tuesday, July 29

SEEDS #5, #6, #7, #8, #9, #10 ** Matchups below will be switched (if possible) to avoid repeat opponent(s) **

6:45 am	Breakfast (6:30 - 7:45 am)	Cafeteria
7:30 am	All Teams stretch together	Field 3
8:00 am	GAME #6 vs. #5	Field 1
	GAME #8 vs. #7	Field 2
	GAME #10 vs. #9	Field 3
10:00 am	Instructional Rotations / Review	
	Individual Defense	Field 5/6
	Hitting	Cages
	Base Running	Field 5/6
	Athletic Development	Weight Room

SEEDS #1, #2, #3, #4

6:30 am	Breakfast (6:30 - 7:45 am)	Cafeteria
8:00 am	Stretch	Field 5/6
8:30 am	Instructional Rotations / Review	
	Individual Defense	Field 5/6
	Hitting	Cages
	Base Running	Field 5/6
	Athletic Development	Weight Room
10:00 am	GAME #4 vs. #3	Field 2
	GAME #2 vs. #1	Field 3

ALL TEAMS

12:15 pm	Closing Comments	Field 1 LF Corner
12:30 pm	Check-Out & Return room key to front desk * Lunch available for players & staff (12:30 - 1:30 pm)	
TBA	Airport Transfers for players traveling alone * Individual times assigned at 8/1	