

Thursday, November 13

6:00-8:00 pm Registration Pirate City Front Desk/ Clubhouse

6:00-8:00 pm Cages Open for Optional Hitting Cages

8:15 pm Welcome Meeting (Open to Parents) Cafeteria

8:45 pm Hitting Presentation (Open to Parents) Cafeteria

Friday, November 14

White Sox, Dodgers, Rays, Royals, Giants

6:45 am Breakfast (6:45-7:45) Cafeteria 8:00 am Stretch Field 3

8:30 am Throwing Program/ Individual Defense Report to Indy D Fields

9:00 am Individual Defense

Infielders Field 5/6
Outfielders Field 3
Catchers Field 3

Pitchers Field 1/ Bullpens

10:00 am Rotations by Team (20 Minute Rotations) (See Starting Points Below)

Pop Up Priorities (White Sox) Field 5
Launch Position (Dodgers) Cages 5-6
Contact Points (Rays) Cages 3-4
Agility work (Royals) TBD
Base running (Giants) Field 6

12:00 pm Lunch Cafeteria

1:15 pm Stretch Field 3
1:45 pm Game: White Sox vs Dodgers (3 Innings) Field 1
Game: Rays vs Royals (3 Innings) Field 2
Giants- Bunting Comp. & Pop Up Comp. Field 3

2:45 pm Game: Giants vs White Sox (3 Innings) Field 1
Game: Dodgers vs Rays (3 Innings) Field 2

Royals- Bunting Comp. & Pop Up Comp. Field 3

3:45 pm Game: Royals vs Giants (3 Innings) Field 1 White Sox, Rays (Half)-Bunting Competition Field 2

Dodgers, Rays (Half)- Pop Up Competition Field 3

4:15 pm Dodgers, Rays (Half)- Bunting Competition Field 2
White Sox, Rays (Half)- Pop Up Competition Field 3

5:45 pm Dinner Cafeteria

7:00 pm Cage Workout Cages

8:30 pm Chalk Talk (Cuts/ Relays) Cafeteria



Saturday, November 15

White Sox, Dodgers, Rays, Royals, Giants

| 6:45 am | Breakfast (6:45-7:45) | Cafeteria |
|---------|-----------------------|-----------|
| 8:00 am | Stretch | Field 3 |

8:30 am Throwing Program/ Individual Defense Report to Indy D Fields

9:00 am Individual Defense

Infielders Field 5/6
Outfielders Field 3
Catchers Field 3

Pitchers Field 1/ Bullpens

10:00 am Rotations by Team Primary Positions (25 Minute Rotations)

** Groups = SS + 3B, C, OF, 1B + 2B ** (See Starting Points Below)

Defensive Reps (SS + 3B) Field 5
Intro to Breaking Balls (C) Cages 5-6
Lob Drill/ Ball Hit (OF) Cages 3-4
Agility work (1B + 2B) TBD

| 12:00 pm | Lunch | Cafeteria |
|--------------------|--|--|
| 1:15 pm 1:45 pm | Stretch Game: Royals vs White Sox(3 Innings) Game: Giants vs Rays (3 Innings) Dodgers- BP | Field 3 Field 3 Field 2 Field 1 |
| 2:45 pm | Game: Dodgers vs Royals (3 Innings) Game: White Sox vs Rays (3 Innings) Giants- BP | Field 3 Field 2 Field 1 |
| 3:45 pm | Game: Giants vs Dodgers (3 Innings) White Sox, Royals (Half) BP Rays, Royals (Half) BP | Field 3 Field 2 Field 1 |
| 5:45 pm | Dinner | Cafeteria |
| 7:30 pm | Life Skills Seminar | Cafeteria |



Sunday, November 16

White Sox, Dodgers, Rays, Royals, Giants

6:45 am Breakfast (6:45-7:45) Cafeteria 8:00 am Stretch Field 3

8:45 am Individual Defense

Infielders Field 5/6
Outfielders Field 3
Catchers Field 3
Pitchers Field 1 PFP

9:30 am Report to First Station for Rotations

| Time | White Sox | Dodgers | Rays | Royals | Giants |
|-------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 9:45 | Cages 3-4 | Sim Game HIT (F3) | Sim Game FLD (F3) | 21 Outs (F 5/6) | Agility (Cages) |
| 10:15 | Agility (Cages) | Cages 3-4 | Sim Game HIT (F3) | Sim Game FLD (F3) | 21 Outs (F 5/6) |
| 10:45 | 21 Outs (F 5/6) | Agility (Cages) | Cages 3-4 | Sim Game HIT (F3) | Sim Game FLD (F3) |
| 11:15 | Sim Game FLD (F3) | 21 Outs (F 5/6) | Agility (Cages) | Cages 3-4 | Sim Game HIT (F3) |
| 11:45 | Sim Game HIT (F3) | Sim Game FLD (F3) | 21 Outs (F 5/6) | Agility (Cages) | Cages 3-4 |

12:30 pm Closing Comments/ Camp Wrap Up Field 3

12:45 pm Lunch until 1:30 pm & Checkout Return room keys to front desk

1:30 pm Bus departs for airport (For those traveling without parents)