

# BASEBALL FACTORY SPRING TRAINING AT THE YANKEES TRAINING COMPLEX

**Yankee Spring Training Complex**  
*Tampa, FL*  
January 16<sup>th</sup> – 19th, 2015



Join the Conversation! @BaseballFactory #BFYankeeTraining



Baseball Factory On-site Contact: Ryan Liddle (814) 771-1799

# ROSTERS

Riverdogs (Black/White)							
Manager: Brady North							
#	FIRST	LAST	YOG	PRI	SEC	CITY	ST
1	Nolan	Smith	2019	OF		Dellroy	OH
2	Robert	Kuczynski	2021	SS		Princeton	NJ
3	Justin	Barcoski	2020	OF	LHP	Philadelphia	PA
4	Xavier	Mitchell	2020	SS	OF	Newington	CT
5	Hunter	Turner	2020	3B	RHP	Williamsport	MD
6	Eli	Schlesinger	2019	C		Branford	CT
7	Nino	Fasula	2020	C	2B	Smyrna	GA
8	Deaundre	Bobb	2019	2B	OF	Hartford	CT
9	Matthew	Corlew	2019	SS	RHP	Lake Worth	FL
10	Sean	Schneeberg	2020	1B	RHP	Sacramento	CA
11	Matthew	Lavoie	2019	2B	RHP	Simsbury	CT
12	Christopher	Gionta	2019	RHP	2B	East Haddam	CT
13	Timothy	Hess	2019	RHP	OF	Clintwood	VA

RailRiders (White/Black)							
Manager: Doug Remer							
#	FIRST	LAST	YOG	PRI	SEC	CITY	ST
1	Troy	Lopes	2020	C	RHP	Acushnet	MA
2	Chance	Bland	2021	C	2B	Columbia	TN
3	Matthew	Williams	2021	2B	OF	Hazard	KY
4	Kyler	McIntosh	2021	RHP	SS	Columbus	IN
5	Thomas	Carrington	2019	SS	RHP	Schenectady	NY
6	Jarrett	Napier	2021	SS	RHP	Bulan	KY
7	Bobby	Martin	2019	2B	C	Livingston	NJ
8	Cameron	Campbell	2020	C	RHP	Russell	KY
9	Brendon	Barton	2019	OF	2B	Lake Jackson	TX
10	Jordan	Cannon	2019	SS	OF	Laurel	MD
11	Taj	Muhammad	2019	1B		Somerset	NJ
12	Ziv	Mayo	2019	3B	RHP	Pittsburgh	PA
13	Caleb	Osborne	2019	SS	OF	Marion	VA

Yankees (Navy/White)							
Manager: Conar Mahon							
#	FIRST	LAST	YOG	PRI	SEC	CITY	ST
1	Michael	Bracken	2020	2B	RHP	Kingston Springs	TN
2	Andrew	Laprade	2021	RHP	SS	Rustburg	VA
3	Devin	Speight	2020	SS	RHP	Old Hickory	TN
4	Brody	Szako	2020	SS	OF	Magnolia	TX
5	Christopher	Watro	2020	SS	RHP	Weyers Cave	VA
6	Andre	Spivey	2020	OF	RHP	Detroit	MI
7	Alec	Rodriguez	2021	SS	OF	South Miami	FL
8	Eddie (EJ)	Flores Jr.	2020	C	2B	Lake Jackson	TX
9	Kevin	Ravelo	2019	2B		Bronx	NY
10	Luke	Moon	2019	1B	3B	Erie	PA
11	Gregory	Dorfman	2019	RHP	3B	Brooklyn	NY
12	Nicolas	Alonzo	2020	C		Houston	TX
13	Joel	Flotte	2019	C	OF	Odessa	TX

Thunder (Gray/Royal)							
Manager: Josh Fyffe							
#	FIRST	LAST	YOG	PRI	SEC	CITY	ST
1	Isaiah	Aguilar	2020	RHP	2B	Alice	TX
2	Manuel	Gonzalez	2019	2B		Hebronville	TX
3	Cole	Lalli	2020	SS	RHP	Coventry	CT
4	Parker	Holland	2020	OF	LHP	Marion	IL
5	Saborn	Campbell	2021	OF		Bloomfield Hills	MI
6	Matthew	Krall	2020	C	SS	Corpus Christi	TX
7	Dylan	White	2019	SS	RHP	Sandyston	NJ
8	Jon	Campbell Jr	2019	SS	OF	Bloomfield Hills	MI
9	Kenneth	Gomez	2019	3B	RHP	Ashland	KY
10	Izaac	Pritt	2019	2B	OF	Lebanon	VA
11	Korson	Hastings	2020	C	1B	San Antonio	TX
12	Bryce	Howser	2020	C	3B	Aurora	IL
13	Vincent	Padilla	2019	SS	RHP	Sterling	IL

# FRIDAY, JANUARY 16th

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Time		Location
12:00 - 1:00 PM	Registration	Westshore Room
1:00 - 1:30 PM	Welcome Meeting	Westshore Room
1:30 PM	Depart for Yankee Complex	Hotel Lobby
2:00 - 2:30 PM	Stretch / Agilities	Double Field
2:30 - 2:45 PM	60 Yard Dash	Double Field
2:45 - 3:15 PM	Throwing Program	Double Field
3:15 - 4:30 PM	Individual Defense	Double Field
4:30 - 5:00 PM	Baserunning	Double Field
5:00 PM	Depart for Hotel	
6:00 PM	Dinner	Westshore Room
7:00 - 7:45 PM	Hitting Presentation	Westshore Room

# SATURDAY, JANUARY 17th

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Time		Location
6:00 - 8:00 AM	Breakfast	Hotel Restaurant
8:30 AM	Depart for Yankee Complex	Hotel Lobby
9:00 - 9:30 AM	Stretch / Agilities	Double Field
9:30 - 10:00 AM	Throwing Program	Double Field
10:00 - 11:15 AM	Individual Defense	Double Field
11:15 - 11:55 AM	Team Defense	
11:15 - 11:35 AM	Cuts & Relays - Yankees / Thunder	Field 1
	Pop Fly Priority - RailRiders / Riverdogs	Field 2
11:35 - 11:55 AM	Cuts & Relays - RailRiders / Riverdogs	Field 1
	Pop Fly Priority - Yankees / Thunder	Field 2
12:00 PM	LUNCH	Legends
1:00 - 4:00 PM	Hitting Rotations	
1:00 - 2:30 PM	On-Field BP - Yankees / RailRiders	Double Field (F1)
	Cage Workout - Thunder / Riverdogs	Cages
2:30 - 4:00 PM	On-Field BP - Thunder / Riverdogs	Double Field (F1)
	Cage Workout - Yankees / RailRiders	Cages
4:15 - 5:00 PM	Defensive Repetitions	Double Field
5:00 PM	Depart for Hotel	
6:00 PM	Dinner	Westshore Room
6:45 PM	Depart for Yankee Complex	Hotel Lobby
7:00 - 8:45 PM	Indoor Cage Workout	Indoor Cages
9:00 PM	Depart for Hotel	

# SUNDAY, JANUARY 18th

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Time		Location
<b>6:00 - 8:00 AM</b>	Breakfast	Hotel Restaurant
<b>8:30 AM</b>	Depart for Yankee Complex	Hotel Lobby
<b>9:00 - 9:30 AM</b>	Stretch	Double Field
<b>9:30 AM</b>	Teams break to fields for Throwing Program	
<b>10:00 - 12:00 PM</b>	L-Screen/Situation Game - RailRiders vs Riverdogs	Double Field
	Live Game - Yankees vs Thunder	Field 2
<b>12:00 PM</b>	LUNCH	Legends
<b>1:00 - 3:00PM</b>	L-Screen/Situation Game -Yankees vs Thunder	Double Field
	Live Game - RailRiders vs Riverdogs	Field 2
<b>3:15 PM</b>	Individual Defense	
	INF's & P's	Double Field
	OF's & C's	Field 2
<b>4:30 PM</b>	Baserunning	
<b>4:30 - 4:45 PM</b>	Yankees & Thunder	Double Field (F1)
	RailRiders & Riverdogs	Double Field (F2)
<b>4:45 - 5:00 PM</b>	Yankees & Thunder	Double Field (F2)
	RailRiders & Riverdogs	Double Field (F1)
<b>5:00 PM</b>	Depart for Hotel	
<b>6:00 PM</b>	DINNER	Westshore Room
<b>7:00 - 7:45 PM</b>	Life Skills Presentation	Westshore Room

# SUNDAY, JANUARY 19th

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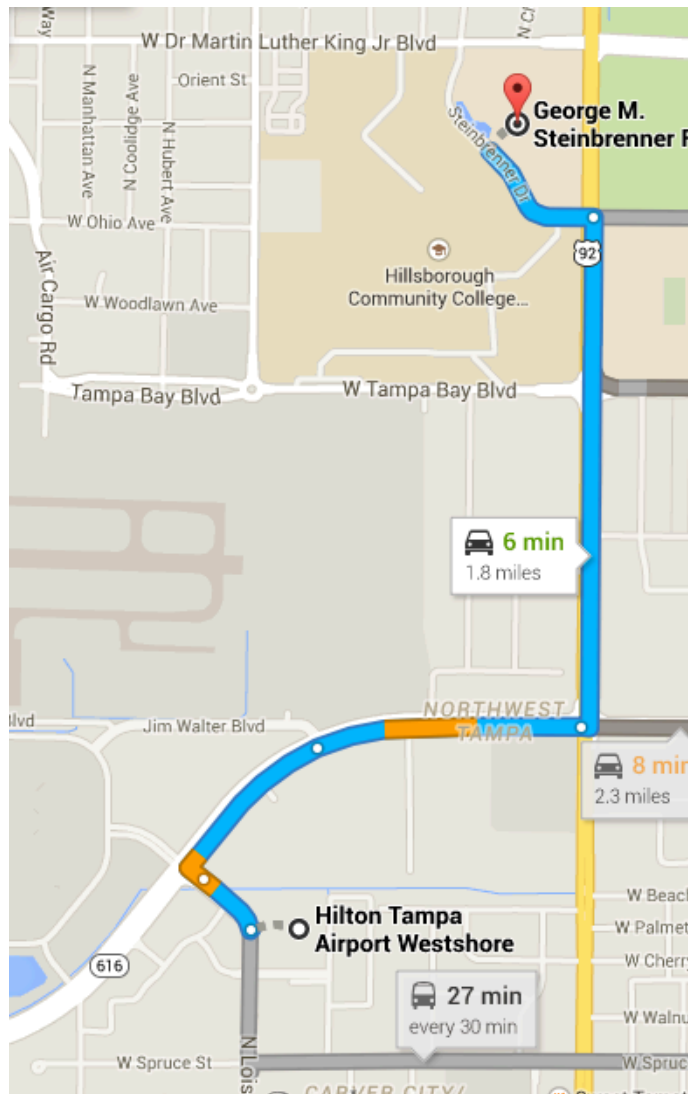
<b>Time</b>		<b>Location</b>
<b>6:00 - 8:00 AM</b>	Breakfast	Hotel Restaurant
<b>8:30 AM</b>	Depart for Yankee Complex	Hotel Lobby
<b>9:00 AM</b>	Stretch	Double Field
<b>10:00 - 12:00 PM</b>	W1 vs W2	Field 2
	L1 vs L2	Double Field
<b>12:15 PM</b>	Closing Comments	Double Field

## STAFF

<p><b>Gabe Alfaro</b></p> <ul style="list-style-type: none"> <li>• Coach at FIU</li> <li>• Helped lead FIU to a Sun Belt Conference Championship in 2010</li> <li>• Had 3 Player of the Year award winner and 14 players who have signed professional contacts</li> </ul>	<p><b>Bradley Dunn</b></p> <ul style="list-style-type: none"> <li>• Played at Valencia CC, Georgia Southern &amp; Lincoln Memorial</li> <li>• Coached at Lincoln Memorial &amp; Birmingham Southern</li> <li>• HS Coach past 14 years in state of GA</li> </ul>
<p><b>Josh Fyffe</b></p> <ul style="list-style-type: none"> <li>• Former All-American SS at Penn State Behrend</li> <li>• Spent 2 years as Director of Maryland Training</li> <li>• Currently works with local players &amp; teams in PA</li> </ul>	<p><b>Ryan Liddle</b></p> <ul style="list-style-type: none"> <li>• Played collegiately (2B) at Penn State Behrend</li> <li>• Interned with Baseball Factory Scouting &amp; Operations Department</li> <li>• Current Director of Youth Baseball Operations at the Baseball Factory</li> </ul>
<p><b>Conar Mahon</b></p> <ul style="list-style-type: none"> <li>• Former 2 sport collegiate athlete (Baseball &amp; Football) at Norwich University</li> <li>• Transferred to Ekerd College where he pitched for 2 seasons</li> <li>• Works with local players in the Tampa FL area.</li> </ul>	<p><b>Jennifer Mitchell</b></p> <ul style="list-style-type: none"> <li>• ATC</li> </ul>
<p><b>Brady North</b></p> <ul style="list-style-type: none"> <li>• Played at Jacksonville and Cumberland University</li> <li>• Won a NAIA Championship at Cumberland</li> <li>• Recently signed with the Washington WildThings in the Frontier League</li> </ul>	<p><b>Talmadge Nunnari</b></p> <ul style="list-style-type: none"> <li>• All-American at Jacksonville University</li> <li>• Previously served as the GM and Field Manager of the Pensacola Pelicans, a Professional Independent League Team</li> <li>• Reached the Major Leagues with the Montreal Expos</li> </ul>
<p><b>Doug Remer</b></p> <ul style="list-style-type: none"> <li>• Played collegiately at Montgomery-Rockville Junior College, Howard University &amp; Savannah State College</li> <li>• Coached at multiple levels including Summer collegiate ball</li> </ul>	<p><b>Cord Sandberg</b></p> <ul style="list-style-type: none"> <li>• Former Mississippi State (Football) commit</li> <li>• Drafted by the Phillies in 2013 in the 3rd round</li> <li>• Currently one of the organizations top prospects</li> </ul>
<p><b>Phil Wallin</b></p> <ul style="list-style-type: none"> <li>• Was Strength &amp; Conditioning coach at the University of Oklahoma and Iowa</li> <li>• Was the Director of Performance for the IMG Academy Baseball Program in Bradenton, FL for 3 years where he trained baseball all-stars like Andrew McCutchen, Starlin Castro, and Pedro Alvarez</li> <li>• Current owner of Diesel Fitness in Tampa, FL</li> </ul>	

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